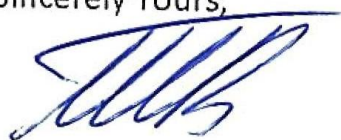


To: Traditional Karate-Do Member Federations

**Re: Traditional Karate-Do International Seminar and "Ararat Cup"
International Traditional Karate-Do Tournament 2023
Yerevan, Armenia**

On behalf of "Centre" National Traditional Karate-Do Federation of Armenia we are proud and honored to invite Traditional Karate-Do Member Federations to take part in the International Seminar and Ararat Cup 3rd International Traditional Karate-Do Tournament to be held on May 7-9, 2023, Yerevan, Armenia.

Sincerely Yours,



Suren Matevosyan
President of National Traditional
Karate-Do Federation of Armenia



Ararat Cup – 3rd International Traditional Karate-Do Tournament 2023

- **GENERAL INFORMATION**

Title: "Ararat Cup" International Traditional Karate-Do Tournament 2023
Sanctioned by: "Centre" National Traditional Karate-Do Federation of Armenia
Hosted by: "Centre" National Traditional Karate-Do Federation of Armenia
Tournament Venue:

- **PARTICIPANTS**

- Participants are athletes who practice Karate-Do and respect the rules of competition (Cup) based on Traditional Karate-Do Competition Rules.
- Age in agreement with their competition category.
- They must be free of any physical or mental handicap.
- All KUMITE, KO-GO and FUKU-GO athletes are obliged to have mouth (tooth) guards (breast protection for women, groin protector for men are optional, but recommended safety equipment).
- There are no limits of participating athletes / teams from one country / clubs.
- They must have his/her own international travelling insurance.
- All countries must bring their national flag.

- **JUDGES**

Judges must bring their own HAKAMA (black), whistle and clean KARATEGI including navy blue (recommended) or white KARATEGI top.

- **CATEGORIES**

- **Children's Categories**

Group A born in 2016 and later	Group B born in 2015, 2014	Group C born in 2013, 2012	Group D born in 2011, 2010
--------------------------------	----------------------------	----------------------------	----------------------------

Kata: performed in pairs; aka draws lots; flag system judging. Judge will announce KATA NAME up to the lowest rank of athlete on tatami.

EXAMPLE: 7-th Kyu athlete competes with 6-th Kyu athlete. In this case judge must announce with Heian Shodan or Heian Nidan, not higher KATA.

Group 3-1 kyu (C and D) in the semifinals and finals the flag system of evaluation.

Boy's Ind. Kata	Boy's Ind. Kata	Boy's Ind. Kata	Boy's Ind. Kata
<u>In 2 groups:</u> 9-7 Kyu 6 Kyu and higher	<u>In 3 groups:</u> 9-7 Kyu 6-4 Kyu 3-1 Kyu	<u>In 3 groups:</u> 9-7 Kyu 6-4 Kyu 3-1 Kyu	<u>In 3 groups:</u> 9-7 Kyu 6-4 Kyu 3-1 Kyu

Girls' Ind. Kata (2016 and later)	Girls' Ind. Kata (2015-2014)	Girls' Ind. Kata (2013-2012)	Girls' Ind. Kata (2011-2010)
<u>In 2 groups:</u> 9-7 Kyu 6 Kyu and higher	<u>In 3 groups:</u> 9-7 Kyu 6-4 Kyu 3-1 Kyu	<u>In 3 groups:</u> 9-7 Kyu 6-4 Kyu 3-1 Kyu	<u>In 3 groups:</u> 9-7 Kyu 6-4 Kyu 3-1 Kyu

Elimination, semin final, final: HEIAN. Judge will announce KATA NAME up to lowest rank (Kyu) of athlete on tatami.	Elimination for all groups: HEIAN. Judge will announce KATA NAME up to lowest rank (Kyu) of athlete on tatami. Semi-final and final for all groups except for 3 Kyu – 1 Kyu kata HEIAN. Semi-final and final for group 3 Kyu – 1 Kyu: TOKUI kata (has to be other kata in the semi-finals and finals). Athlete has to perform TOKUI KATA only from this list: Bassai Dai, Jion.
---	--

TEAM CATEGORIES Group A and Group B	TEAM CATEGORIES Group C and Group D
in 2 groups: 9-7 Kyu 6 Kyu and higher	in 3 groups: 9-7 Kyu 6-4 Kyu 3-1 Kyu

<p>Kids' Team Kata</p> <p>The team may be homogenous (girls or boys) or of mixed sex. Two different katas are required (Heian 1-5), katas should be changed in semi-final. Bunkais are mandatory.</p> <p>Elimination, Semi-final and final – evaluation of the point system.</p> <p>En-bu</p> <p>Mixed En-bu/Boys' En-bu: gong in 55th and 65th second; penalty for passing the time limit.</p> <p>Elimination, Semi-final and final – evaluation of the point system.</p>	<p>Boys' Team Kata Girls' Team Kata</p> <p>Only one kata is required (Heian 1-5, Bassai Dai, Jion, Kanku Dai, Empi), Two different katas are required. Katas should be changed in semi-final or final. Bunkais are mandatory.</p> <p>Elimination, Semi-final and final – evaluation of the point system.</p> <p>En-bu</p> <p>Mixed En-bu/Boys' En-bu: gong in 55th and 65th second; penalty for passing the time limit.</p> <p>Elimination, Semi-final and final – evaluation of the point system.</p>
--	---

Group E (14, 15 years old)	Group F (16,17 years old)
<p style="text-align: center;">Men Ind. Kata / Women Ind. Kata</p> <p><u>In 3 groups:</u> 9 – 4 Kyu Kata HEIAN 3-1 Kyu TOKUI(free kata except HEIAN1-3 and TEKI)</p> <p>Dan – TOKUI(free kata except HEIAN and TEKI) Dan Boys' Ind. Ko-go Kumite Dan Girls' Ind. Ko-go Kumite Dan Boys' Fuku- go Dan Girls' Fuku- go</p>	<p style="text-align: center;">Men Ind. Kata / Women Ind. Kata</p> <p><u>In 3 groups:</u> 9 – 4 Kyu Kata HEIAN 3-1 Kyu TOKUI(free kata except HEIAN1-3 and TEKI)</p> <p>Dan – TOKUI(free kata except HEIAN and TEKI) Dan Boys' Ind. Ko-go Kumite Dan Girls' Ind. Ko-go Kumite Dan Boys' Fuku-go Dan Girls' Fuku-go</p>

Group G (18-21 years old)	Group H (22-49 years old)
<p style="text-align: center;">Men Ind. Kata / Girls' Ind. Kata</p> <p>Dan – TOKUI(free kata except HEIAN and TEKI) Dan Men's Ind. Jiu Kumite Dan Women's Ind. Jiu Kumite Dan Men's Fuku-go Dan Women's Fuku-go</p>	<p style="text-align: center;">Men Ind. Kata / Women Ind. Kata</p> <p>Dan – TOKUI(free kata except HEIAN and TEKI) Dan Men's Ind. Jiu Kumite Dan Women's Ind. Jiu Kumite Dan Men's Fuku-go Dan Women's Fuku-go</p>

COMBINED COMPETITION		
CADET (14-15 years old; born in 2009 and 2008)		
+		
JUNIOUR (16-17 years old; born in 2007 and 2006)		
COMPE TITION CATEG ORIES	Number of Athletes	Remarks
Men's Synchronized Kata	3 athletes	Two diferent katas are required. Katas should be changed in semi-final or final. Bunkais are mandatory .
Women's Synchronized Kata		
Men's En-bu	2 athletes	
Mixed En-bu		

COMBINED COMPETITION		
YOUTH (18-21 years old; born in 2005, 2004, 2003, 2002)		
+		
SENIOR (age 22-49 years old)		
COMPE TITION CATEG ORIES	Number of Athletes	Remarks
Men's Synchronized Kata	3 athlets	Two diferent katas are required. Katas should be changed in semii-final or final. Bunkais are mandatory .
Women's Synchronized Kata		
Men's En-bu	2 athletes	
Mixed En - bu		
Men's Team Kumite	3 athletes + 1	Using Jiyu Kumite

APPLICATIONS AND REGISTRATION

- **Registration**

Please find the application forms attached. The filled forms should be sent to centre_karate@mail.ru by **April 10, 2023**.

- **Participation Fees**

Seminar

40 EUR for athletes of all ages.

Tournament

Categories

30 EUR Individual (Per category)

30 EUR EN-BU (Per team)

45 EUR Team KATA (Per team)

45 EUR Team KUMITE (Per team)

- **Remark**

Payments of the total amount should be transferred to the following account:

INTERMEDIARY BANK

NAME: Unicredit Bank Austria AG

ADDRESS : Vienna ,Austria

SWIFT: BKAU AT WW

ARMECONOMBANK OJSC ACCOUNT: No. 51010285201 EUR

BENEFICIARY'S BANK

NAME: "DAVTASHEN" BRANCH of "ARMECONOMBANK" OJSC

ADDRESS: Republic of Armenia, RA 0054 Yerevan Davtashen Tigran Petrosyan 44/2

SWIFT: ARECAM 22

BENEFICIARY

NAME: MATEVOSYAN SUREN

BENEFICIARY'S ACCOUNT N:163678000395 EUR

- **ACCOMMODATION and TRANSPORTATION**

The Tournament Organizers **will not** provide hotel accommodation. All national teams are responsible for their accommodation (we will provide you with accommodation options soon).

Transport from/to the airport, hotel and sports hall **will be** provided free of charge.

A tour to **Temple of Garni** will be organized for all participants free of charge.

- **CONTACT INFORMATION**

If you require any further information, please feel free to contact us through the e-mail centre_karate@mail.ru

Thank you in advance for your cooperation! We are looking forward to seeing you soon in Yerevan.