



**International Traditional Karate Federation**

Str. Naroden Front 14, 1000 Skopje Macedonia  
[www.itfkarate.org](http://www.itfkarate.org) email: office@itfkarate.org

To: ITKF National Traditional Karate Federations  
Re: ITKF WORLD CUP "HIDETAKA NISHIYAMA" FOR ALL AGES

On behalf of the International Traditional Karate Federation, I am proud and honored to invite all ITKF members to take part at the ITKF WORLD CUP "HIDETAKA NISHIYAMA" FOR ALL AGES will be held on the SEPTEMBER 23-24, 2023 in Nea Moudania, Greece.

Sincerely Yours,

Dr. Dejan Nedev - ITKF Chairman

A handwritten signature in black ink that reads 'Dr. D. Nedev'. The signature is written in a cursive style with a long, sweeping flourish at the end.



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ITKF Open World Traditional Karate Cop

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### **I. GENERAL INFORMATION**

Title: **ITKF WORLD CUP "HIDETAKA NISHIYAMA" FOR ALL AGES**

Sanctioned by: International Traditional Karate Federation (ITKF)

Hosted by: International Traditional Karate Federation (ITKF)

Tournament venue: Sport Hall in Nea Moudania, Halkidiki, Greece



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### **II. PARTICIPANTS**

All athletes that are selected by the respective ITKF National Federations to compete must fulfill the following conditions:

1. They must be current member of national federation in a good standing of the ITKF (minimum 1 year);
2. They must have the ITKF registered black belt (Shodan or higher) – registration number. This applies to all age categories – seniors, youth, juniors and cadets;
3. Age in agreement with their competition category;
4. They must know, fully understand and be able to compete in accordance with the ITKF competition rules;
5. They must be free of any physical or mental handicap that might cause a breach of the ITKF rules;
6. All KUMITE, KO-GO and FUKU-GO athletes are obliged to wear the official ITKF KUMITE GLOVES in accordance with ITKF rules. For hygienic reasons gloves cannot be shared between athletes. Mouth (tooth) guards are also mandatory to be worn. (Breast-protection for women, groin protector for men is optional, but recommended safety equipment);
7. They must have his/her own international traveling insurance and also personal accident insurance issued by their respective National Federations;
8. They must belong to a National Federation which is a full and paid-up member of the ITKF including the year 2023;
9. Only individuals holding a valid ITKF Certified Coaches Qualification and properly registered with the Tournament Controlling Body will be allowed to represent and coach athletes during the competition;
10. They must present Medical Release and International Health Insurance to Medical Emergencies;
11. All countries must bring their national anthem (on a CD) and two national flags.



**III. CATEGORIES**

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Age and competition categories

**ITKF WORLD CUP "HIDETAKA NISHIYAMA" FOR ALL AGES**

**COMPETITION CATEGORIES**

CADETS / 14 – 15 years old / born in 2009 and 2008

Individual Kata Men	No limit per country	
Individual Kata Women	No limit per country	
Fuku-Go Men	No limit per country	Using Ko-Go Kumite
Fuku-Go Women	No limit per country	Using Ko-Go Kumite
Individual Ko-go Men	No limit per country	
Individual Ko-go Women	No limit per country	

JUNIORS / 16 – 17 years old / born in 2007 and 2006

Individual Kata Men	No limit per country	
Individual Kata Women	No limit per country	
Individual Kumite Men	No limit per country	Using Ko-Go Kumite
Individual Kumite Women	No limit per country	Using Ko-Go Kumite
Fuku-Go Men	No limit per country	Using Ko-Go Kumite
Fuku-Go Women	No limit per country	Using Ko-Go Kumite
Individual Ko-go Men	No limit per country	
Individual Ko-go Women	No limit per country	



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### YOUTHS /18-20 years old / born in 2005, 2004 and 2003

Individual Kata Women	No limit per country
Individual Kata Men	No limit per country
Ind. Fuku-Go Woman	No limit per country
Ind. Fuku-Go Men	No limit per country
Ind. Kumite Women	No limit per country
Ind. Kumite Men	No limit per country

### H. SENIORS, YOUNGER / 21-34 years old / born from 2002-1989

Individual Kata Women	No limit per country	
Individual Kata Men	No limit per country	
Ind. Fuku-Go Woman	No limit per country	
Ind. Fuku-Go Men	No limit per country	
Ind. Kumite Women	No limit per country	
Ind. Kumite Men	No limit per country	

### SENIORS, OLDER GROUP / 35 – 49 years old/born from 1988-1974

Individual Kata Women	No limit per country
Individual Kata Men	No limit per country
Ind. Fuku-Go Woman	No limit per country
Ind. Fuku-Go Men	No limit per country
Ind. Kumite Women	No limit per country
Ind. Kumite Men	No limit per country



### 3. COMPETITION CATEGORIES

#### A. CHILDREN I. AGE 6-7 YEARS (BORN IN 2017-2016 AND YOUNGER)

Individual Kata Girls	No limit per country	Team Kata Girls	No limit per country
Individual Kata Boys	No limit per country	Team Kata Boys	No limit per country
Enbu Girl-Boy	No limit per country	Enbu Boy-Boy	No limit per country
Individual Kihon Girls	No limit per country	Individual kihon – ipon Girls	No limit per country
Individual kihon Boys	No limit per country	Individual kihon –ipon Boys	No limit per country

#### B. CHILDREN II. AGE 8-9 YEARS (BORN IN 2015-2014)

Individual Kata Girls	No limit per country	Team Kata Girls	No limit per country
Individual Kata Boys	No limit per country	Team Kata Boys	No limit per country
Enbu Girl-Boy	No limit per country	Enbu Boy-Boy	No limit per country
Individual Kihon Girls	No limit per country	Individual kihon – ipon Girls	No limit per country
Individual kihon Boys	No limit per country	Individual kihon –ipon Boys	No limit per country

#### C.CHILDREN III. AGE 10-11 YEARS (BORN IN 2013-2012)

Individual Kata Girls	No limit per country	Team Kata Girls	No limit per country
Individual Kata Boys	No limit per country	Team Kata Boys	No limit per country
Ind. Jiyu-Ippon-Kumite Girls	No limit per country	Enbu Girl-Boy	No limit per country
Ind. Jiyu-ippou kumite Boys	No limit per country	Enbu Boy-Boy	No limit per country
Individual Kihon Girls	No limit per country	Team Jiyu-ippou kumite Boy	No limit per country
Individual Kihon Boys	No limit per country	Team Jiyu-ippou kumite Girls	No limit per country

#### D.CHILDREN IV. AGE 12-13 YEARS (BORN IN 2011-2010)

Individual Kata Girls	No limit per country	Team Kata Girls	No limit per country
Individual Kata Boys	No limit per country	Team Kata Boys	No limit per country
Ind. Jiyu-Ippon-Kumite Girls	No limit per country	Enbu Girl-Boy	No limit per country
Ind. jiyu-ippou kumite Boys	No limit per country	Enbu Boy-Boy	No limit per country
Individual Kihon Girls	No limit per country	Individual Kihon Boys	No limit per country
Team jiyu-ippou kumite Boys	No limit per country	Team jiyu-ippou kumite Girls	No limit per country



ITKF WORLD CUP "HIDETAKA NISHIYAMA" FOR ALL AGES

**COMPETITION RULES**

**INDIVIDUAL KATA:**

Groups A, B, C, D: eliminations, semi-finals, finals - flag system

TYPE OF KATA (individual and team):

Group A: elimination/ semi-final/ final Taikyoku, Heian 1-2-3;

Group B: elimination/ semi-final/ final Heian 1-2-3-4-5, Heian Oi Kumi;

Group C: elimination/ semi-final/ final Heian 1-2-3-4-5, Heian Oi Kumi, Bassai-Dai;

Group D: elimination/ semi-final/ final Heian 1-2-3-4-5, Heian Oi-Kumi, Bassai-Dai,  
Kanku Dai, Jion, Enpi, Taiji shodan;

Team Kata: Each team will be composed of 3 contestants (1 athlete can be from the younger group).

**KIHON KUMITE:**

From natural stance must step back with Gedan-barai and start techniques from left (Hidari) stance!

**GROUP A, B**

**GROUP C, D**

1. Oi-Zuki /Jodan	forward	1. Oi-Zuki /Jodan	forward
2. Age-Uke /Gyaku-Zuki	backward	2. Age-Uke /Gyaku-Zuki	backward
3. Gyaku-Zuki /Chudan	forward	3. Gyaku-Zuki /Chudan	forward
4. Uchi-Uke /Gyaku-Zuki	backward	4. Soto-Uke /Gyaku-Zuki	backward
5. Mae-Geri /Chudan	forward	5. Mae-Geri /Chudan	forward
6. Gedan-barai /Gyaku-Zuki	backward	6. Gedan-barai /Gyaku-Zuki	backward
		7. Mawashi-Geri /Jodan	forward
		8. Uchi-Uke / Gyaku-Zuki	backward



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### KIHON-IPPON KUMITE GROUP A:

ATTACK: Natural stance: Gedan-barai step back in zenkutsu dachi and attack techniques from left (Hidari)

DEFENSE: Heiko (Yoi) dachi

1.

ATTACK: AKA - Oi-tsuki (jodan)

DEFENSE: SHIRO - Age-uke counter attack: Gyaku-Tsuki-Chudan

2.

ATTACK: AKA - Oi-tsuki (chudan)

DEFENSE: SHIRO - Soto-uke counter attack: Gyaku-Tsuki-Chudan

3.

ATTACK: AKA - Mae-geri (chudan)

DEFENSE: SHIRO - Gedan-barai counter attack: Gyaku-Tsuki-Chudan

### KIHON-IPPON KUMITE GROUP B:

1.

ATTACK: AKA - Oi-tsuki(jodan)

DEFENSE: SHIRO -Age-uke counter attack: Gyaku-Tsuki-Chudan

2.

ATTACK: AKA - Mae-geri(chudan)

DEFENSE: SHIRO – Gedan-barai counter attack: Gyaku-Tsuki-Chudan

3.

ATTACK: AKA - Mawashi-geri(chudan)

DEFENSE: SHIRO -Uchi-uke counter attack: Gyaku-Tsuki-Chudan

### JIUY IPPON KUMITE Group C and D:

ATTACK: Kizami-Tsuki-Jodan, Oi-Tsuki-Jodan, Gyaku-Tsuki-Chudan, Mae-Geri-Chudan, Mawashi-Geri-Jodan;

\*IN FINAL MATCHES ONLY - plus RENZOKU-KOGEKI-WAZA: Kizami-Tsuki-Jodan - Mawashi-Geri-Jodan - Uraken-Uchi-Jodan - Gyaku-Tsuki-Chudan.

DEFENSE: ONLY -Uke-waza, counter attack: Gyaku-Tsuki-Chudan

### ATTENTION:

1.AN ATHLETE CAN PARTICIPATE IN INDIVIDUAL CATEGORIES ONLY IN HIS AGE CATEGORY.

IF HE PARTICIPATES IN TEAM CATEGORY FOR AN OLDER AGE GROUP, HE CANNOT PARTICIPATE IN THE SAME TEAM CATEGORY IN HIS AGE GROUP!





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Example: one cadet athlete can participate in individual categories for cadets. He can participate in team kata for juniors. In this case he cannot be part of team kata cadets.

### 4. APPLICATION AND REGISTRATION

#### a) Applications

Dear athletes, since, due to a recent event we have very little time - we are kindly asking all participants (Officials, Athletes, Coaches and Judges) to apply their applications latest by **SEPTEMBER 1, 2023**. Thank you for understanding in advance.

The registration must include:

1. Details of all Officials, Coaches and Judges;
2. Details of all Athletes including respective competing categories;
3. Digital passport size photo for each Official, Coach, Judge and Athlete;
4. Registration fees, accommodation and transport for all participants can be paid to the T.O.C. - ITKF bank account no. IBAN MK07200003885259623, SWIFT STOBMK2X Stopanska banka Skopje, North Macedonia
5. Once again please send all your applications latest by **SEPTEMBER 1, 2023**.

#### PARTICIPATION FEES

EUR 30,00 - per person, per individual category

EUR 40,00- for En-Bu

EUR 60,00- for Kata team

EUR 60,00- for Kumite team

EUR 60,00- Judges Refresher Course

#### COACHES AND REFEREES REGISTRATION AND ACCREDITATION

EUR 50,00

Registration fees for all Athletes paid to the T.O.C. at the Tournament Office at latest one day before competition (until September 22, 2023).

#### ACCOMODATION

Accommodation for all delegations (athletes, judges, official) will be in HOTEL MAVRIDIS and MARIALENA - **49 euros** per person per night / half board (breakfast and dinner).



**IV.** APPLICATIONS & REGISTRATION

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**A.** Applications

For logistical reasons we must receive all applications at least 6 weeks before the ITKF WORLD CUP "HIDETAKA NISHIYAMA" FOR ALL AGES.

Therefore, we kindly ask all National Federations to complete all registration of their Officials, Athletes, Coaches and Judges and send them on Application Forms by 1 September 2023.

Note: Any application sent after this deadline will be processed but double fees for athletes' participation must be paid to the Tournament Organizing Committee

**B.** Registration

All registration has to be sent on the Application Forms to e-mail:

The registration must include:

1. details of all Officials, Coaches and Judges
2. details of all Athletes including respective competing categories
3. digital passport size photo for each Official, Coach, Judge (athlete photo is not required)
4. All to be done by 1 September 2023 deadline!!!

Please help us run this complex operation smoothly by observing the deadline.



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### **V. SCHEDULE OF EVENTS**

- 21 September 2023 (Thursday) ..... Arrival (Officials, Judges, Athletes)
- 22 September 2023 (Friday) ..... ITKF Judges´ Refresher Course  
..... Drawing (7:00 PM – 9:00 PM)  
Place: Tournament Reg. Office – Hotel MAVRIDIS Nea Flogita
- 23 September 2023 (Saturday) ..... ITKF WORLD CUP “HIDETAKA NISHIYAMA” FOR ALL AGES  
Eliminations + finals  
Place: Sport Hall Nea Moudania, Halkidiki
- 24 October 2022 (Sunday) ..... ITKF WORLD CUP “HIDETAKA NISHIYAMA” FOR ALL AGES  
Eliminations + finals  
Place: Sport Hall Nea Moudania, Halkidiki
- 25 October 2022 (Monday) ..... Departure



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### VI. TOURNAMENT REGISTRATION AND ACCREDITATION

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#### **A. DATES AND TIMES:**

21 Sept. (Thursday) ..... 10.00 a.m. - 8.00 p.m.  
22 Sept. (Friday) ..... 10.00 a.m. - 6.00 p.m.

**B. PLACE:** Tournament Registration Office –hotel MAVRIDIS in Nea Flogita, Halkidiki

### VII. PLACEMENT OF THE DRAWING

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#### **A. DATE AND TIME:**

22 September (Friday) ..... 7.00 p.m. - 9.00 p.m.

**PLACE:** Tournament Registration Office – hotel MAVRIDIS in Nea Flogita, Halkidiki

#### **B.**

#### **PLACEMENT DRAWING NOTE:**

All Coaches are required to attend the Draw to confirm that the names and categories of their Athletes are correctly placed before the Draw begins.

No changes or additional inclusion of competitors will be accepted after the drawing.

### VIII. JUDGES

Selection of the Judges will be made by the ITKF Technical Committee Members during the ITKF Judges´ Refresher Course held right before the World Cup on 22 September (Thursday) in hotel MAVRIDIS in Nea Flogita, Halkidiki.



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1. Judges participating in this event have to be ITKF Registered Qualified Judges (class A, B, C) who have participated in the Judges' Refresher Course held before the tournament and completed the ITKF Judges' Refresher Course held in 2023.
2. Each judge candidate must submit the application form, fee and passport size photograph for the Judges' Refresher Course by 1 September 2023.
3. All Judges must bring their own HAKAMA (black), whistle and clean KARATEGI.

### IX. CONTACT INFORMATION

All communication between National Federations and the T.O.C. until 1<sup>st</sup>. September 2023 should be done through:

- our website: [www.itfkarate.org](http://www.itfkarate.org)
- our e-mail: [office@itfkarate.org](mailto:office@itfkarate.org)
- our cell phone: +38970265709
- contact person: D-r Dejan Nedev, general secretary [nedevdejan@gmail.com](mailto:nedevdejan@gmail.com)



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If we can be of any further assistance or if you have any further questions, please don't hesitate to contact us through our website or e-mail. Update information regarding the Championship can be also found on the website.

### X. CONFIRMATION OF PARTICIPATION

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All countries planning to participate in the **ITKF WORLD CUP "HIDETAKA NISHIYAMA" FOR ALL AGES** are requested to send the confirmation of participation by 1 September 2023 to e-mail: **office@itkfkarate.org**

Please write only general confirmation without details as regards number of participants etc.

Thank you in advance for your cooperation!

We are looking forward to seeing you in Nea Flogita.

D-r Dejan Nedev  
ITKF Chairman